

# sult

## Buffet

Sultgruppen delivers everything from the more traditional Norwegian cuisine to newly inspired dishes from both Norway and abroad. In addition to this, we have various buffet menus that you can find below. If you want a self-inspired menu, get in touch when ordering, - we always want to adapt to the customer's needs. *The menus are updated regularly.*

## Tapas

Chicken breast with squash spaghetti

Spanish tortilla (*eggs, celery*)

Serrano ham

Finocchiona salami

Quinoa salad with wild prawns, chilli and lime (*shellfish, sulphite*)

Bulgur salad with pesto and baked root vegetables (*wheat*)

Marinated olives and artichoke

Manchego (*egg, milk*)

Tomato salad with red onion, basil, olive oil and salt

Grilled vegetables such as squash, peppers and aubergine

Potato salad with sun-dried tomatoes, capers and peppers

Aioli (*egg*)

Good bread (*wheat, rye, sesame*)

Price: 565,-

Option: Dessert 165,-

# Large barbecue buffet

Pepper roast with chimi churri  
Long-roasted pulled pork with BBQ (*soya, gluten, celery*)  
Chicken teriyaki (*soya*)  
Quinoa salad with paprika , chilli and tomato served with Argentinian  
prawns (*shellfish*)  
Lemon and dill baked salmon (*fish*)  
Raw broccoli salad with pineapple, sunflower seeds, red onion and mayonnaise (*egg*)  
Pumpkin salad with roasted pumpkin seeds and pomegranate  
Tomato salad with basil, olive oil, salt and balsamic  
Greek salad (*lactose*)  
Green salad  
Roasted potato with herbs  
Aioli ( *eggs*)  
Hummus  
Good bread (wheat, rye, resam)

Price: NOK 695,-  
Option: Dessert 165,-

# Small barbecue buffet

Long-roasted pulled pork with BBQ (*soya, gluten, celery*)  
Chicken teriyaki (*soya, shellfish, sulphite*)  
Quinoa salad with paprika , chilli and tomato served with Argentinian  
prawns (*shellfish*)  
Lemon and dill baked salmon (*fish*)  
Pumpkin salad with roasted pumpkin seeds and pomegranate  
Tomato salad with basil, olive oil, salt and balsamic  
Green salad  
Roasted potato with herbs  
Aioli (*eggs*)  
Hummus  
Good bread (wheat, rye, sesame)

Price: NOK 595,-

Optional: Sirloin of beef NOK 95,-

Dessert NOK 165,-

# Sea food buffet

Freshwater crayfish (*shellfish*)

Shrimp (*shellfish*)

Crab claws (*shellfish*)

Sea crayfish (*shellfish*)

Salmon sashimi (*fish, soya*)

Steamed, among other things, shells (*mollusc, milk*)

Dill mayonnaise (*egg*)

Sauce Vierge

Safranaioli (*egg*) Good bread (*rye, wheat, soya*)

Lemon & Lime

Price: 650,-

Option:

Oysters with shallots and vinaigrette (*mollusc*) st price 50,-

½ Lobster au gratin 245,-

Västerbotten cheese pie (*wheat, milk, eggs*) 80,-

Dessert 165,-

# Shrimp buffet

Shrimp (*shellfish*)

Lemon

Aioli (*egg*)

Mayonnaise (*egg*)

Good bread (*rye, wheat, soy*)

Price: 525,- Option

Oysters with shallots and vinaigrette (*mollusc*) pcs price 50,-

½ Lobster au gratin 245,-

- Västerbotten pie (wheat, milk, eggs) 80,-  
Dessert 165,-

# Norwegian Folk Buffet

Pasta salad with shellfish (wheat, eggs , *shellfish*)  
Smoked salmon with eggs (*fish, eggs, milk*)  
2 types of herring (fish, mustard)  
Cured ham with sour cream (*milk*)  
Roast beef with remoulade and pickles (*egg, mustard*)  
Homemade patties with butter - fried onions (*celery, mustard*)  
Oven-baked salmon with cream sauce (fish, milk)  
Tomato and onion salad  
Potato salad (egg, mustard)  
Fresh salad  
Aioli (*egg*)  
Herb dressing (*eggs, milk*)  
Flatbread (*wheat*)  
Good bread (wheat, rye, sesame) and butter (milk)

Price: 495,-  
Option: Dessert 165,-

# Norwegian cured ham buffet

Sausage of moose  
Cures ham  
Flatbread (*Wheat*)  
Eggs (*Eggs, Milk*)  
Sour cream (*Milk*)

Potato salad ( Egg, Mustard )

Fresh melon Sour cream (Wheat, Milk)  
Good bread (Wheat, Rye, Sesame) and butter \_ (Milk)

Price: 550,-  
Option: Dessert 165,-

# Lunch menu

Baguette with cheese and ham NOK 80,- (Wheat, Milk)

Chicken salad with curry NOK. 80,- (egg)

Fruit platter NOK 80,- per pers.

Cake/bakery NOK 55,- (Wheat)

Nuts or other snacks NOK. 45,- per pers. (Nuts )

Coffee/tea (throughout the day) NOK. 80,- per pers.

Coffee (one break) NOK 45,- per pers.

Shellfish roe, lemon and roe NOK. 140,- (Eggs, Shellfish, Fish)

Mozzarella, plum tomato, pesto and salad NOK. 140,- (Milk)

Homemade pork chop, onion, salad NOK. 140,- // Made on coarse and fine long pan bread. For large groups, this is served on platters on a buffet. (Wheat, Milk)

## Sandwich buffet

All three types of sandwich served on a platter at the buffet (calculated as two pieces per person)

NOK. 235,- (Wheat, Milk, Fish, Shellfish, Eggs)

### Lunch buffet 1

Lemon & dill-baked trout Quinoa  
salad Chops  
with fried onions Boiled  
egg  
Green salad  
Roasted potato  
Aioli  
Bread

NOK 355,- (*Wheat, Milk, Fish*)

### Lunch buffet 2

Lemon & dill-baked trout Caesar salad with chicken, bacon & croutons  
Quinoa salad  
Chops  
with fried onions Boiled eggs  
Assorted  
cured  
meats Green salad  
Roasted potatoes  
Aioli  
Bread

NOK 480,- per person  
(*Wheat, Milk, Fish*) may vary.

# Meeting packages

## Daily tea package 1

Coffee/tea throughout the day, fruit plate, lunch buffet NOK 1 - NOK 470

Contents: Lemon & dill-baked trout , quinoa salad , chops with fried onions , boiled egg, green salad , roasted potato, aioli & bread  
(*wheat, milk, fish*)

## Day tea package 2

Coffee/tea throughout the day, fruit plate, lunch buffet NOK 2.595,-

Contents: Lemon & dill-baked trout, caesar salad with chicken, bacon & croutons, quinoa salad, chops with fried onions ,  
boiled egg , assorted cured meats, green salad , roasted potato, aioli & bread (*wheat, milk, fish*)

## Casserole (*served on a buffet*) :

Creamy venison stew served with mashed potatoes , fresh lingonberries , good bread and butter  
NOK 285,-

Provençal lamb stew served with root vegetables, good bread and butter  
NOK 285,-

Chicken stew flavored with curry served with rice, good bread and butter  
NOK 285,-

Creamy fish and shellfish soup with Sult's signature, served with good bread and aioli  
NOK 285,-

# Scandinavian open sandwiches

Red salmon with eggs and dill (*wheat, milk, eggs, fish*)

Hand - peeled prawns with mayonnaise, dill and lemon (*wheat, milk, eggs, shellfish*)

Carbonade with onion , pickle and tomato (*wheat , milk, sulphite*)

Oven-baked liver pâté with beetroot and spring onion (*wheat, milk*)

Tomato and Mozzarella or brie with grapes (*wheat, milk, nuts* )

Prices:

5 slices 495,-

3 slices 395,-

Option: Dessert 145,-

# Children's menu

Lasagna (*wheat, lactose*)

Sausage with mashed potatoes (*sulphite, milk*)

Chicken and roasted potato

Price: NOK 200,- per dish.